

JONAH WINTERS, RMT, MA

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please see CV, attached, for more details

Education

- 2012 Massage Therapy Diploma (Ontario College of Health and Technology, OCHT)
- 2008 Certified Spa Therapy (1-year program, Vancouver School of Bodywork and Massage, VSBM)
- 2003 Certified Internet Technologist (Bodwell College, Vancouver)
- 1997 Master's Degree, Islamic Theology (University of Toronto)
- 1995 Honours B.A., Buddhist Philosophy and Music History (Reed College)
- 1993 B.A. Minor coursework [audited], History of Christianity (McGill University)
- 1992 B.A. Minor coursework, History of Religion (Brock University)

Other Bodywork certification

- 2009 Joint Release and Trager Method (Amaro Hogräfer)
- 2009 Deep Tissue Massage (Art Riggs video study course)
- 2008 Neck and Shoulder Myofascial Release (Amaro Hogräfer)
- 2008 Intensive Lomi Lomi (Sacred Temple Hawaiian Massage)
- 2008 Thai introductory (Metta in Motion)
- 2008 Hot Stone (Alexandra Thompson, Ocean Stone)
- 2008 Sports Massage (Paula Jasper)
- 2008 Reflexology (Natalie Gold)
- 2007 Aromatherapy (Daphne Roubini)
- 2007 Introductory Swedish Massage (Vancouver School of Bodywork and Massage)

Licenses, memberships

- 2013 Member, College of Massage Therapists of Ontario
- 2013 Insured, RMTAO
- 2012 Standard CPR and First Aid, Red Cross Level C
- 2010- Member, Registered Massage Therapists Association of Ontario
- 2009-2010 Insured, Preventative Health Services
- 2007-2009 Licensed "Therapeutic Touch Technique" practitioner (City of Vancouver)
- 2007-2008 Member, Natural Health Practitioners of Canada

Bodywork experience

- 2010-2012 OCHT Student Clinic
- 2010-2012 OCHT volunteer outreach events
- 2007-2010 Winters Body Works mobile massage and corporate chair-massage
- 2007-2010 Volunteer and charity events, table and chair massage
- 2008-2009 Steeves Manor seniors home, on-site masseur
- 2007-2008 VSBM Student Clinic

Other work experience

- 1997-2013 Executive editor, programmer: bahai-library.com
- 2004-2009 High-rise building manager: Prospero International Realty (Vancouver)
- 2003-2013 Editor, *Lights of Irfán* volumes 3-14
- 2003-2009 Groundskeeper: Prospero International Realty
- 1997-2007 Sole proprietor, operator: Winters Web Works
- 1996-2001 Teaching assistant: Wilmette Institute (Chicago)

