

CV OF JONAH WINTERS, RMT, MA

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see resume for short version: wintersbodyworks.com/about

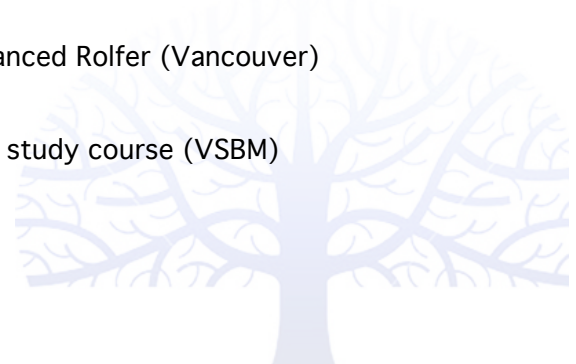
Education and training

Education

- 2016 Structural Integration
mentoring and private training from Edward Maupin and Craig Mollins; indirect myofascial release with Walt Fritz; Soft Tissue Release and ART from Jim Bilotta; et al.
- 2012 Registered Massage Therapy
2,200-hour diploma program, Ontario College of Health and Technology (OCHT)
- 2008 Certified Spa Therapy
One-year certificate program, Vancouver School of Bodywork and Massage (VSBM); curriculum and hours equivalent to US National Certification Board for Therapeutic Massage and Bodywork
- 2003 Certified Internet Technologist
6-month tech program, Bodwell College (Vancouver); see *Technical*, below
- 1997 Master's Degree, Islamic Theology
Dept. of Comparative Religion, University of Toronto; see *Publications*, below
- 1995 Honours B.A., Buddhist Philosophy and Music History
Reed College (Portland, OR)
- 1993 B.A. Minor coursework, History of Christianity
Spring term courses [audited], McGill University
- 1992 B.A. Minor work, History of Religion, and Graduate work, Eastern philosophy
One-year student exchange, Brock University (St Catharines, ON)

Bodywork certification

- 2014 Trained in Accessible Customer Service for compliance with Ontarians with Disabilities Act
- 2013 Full-Body Myofascial Release
One-day workshop with Barry Jenings, Certified Advanced Rolfer
- 2009 Advanced Joint Release and Trager Method
Two-day workshop with Amaro Hogräfer, Certified Advanced Rolfer (Vancouver)
- 2009 Deep Tissue Massage
Six-day workshop and 12-hour video training, Art Riggs study course (VSBM)
- 2008 Advanced Neck and Shoulder Myofascial Release
Two-day workshop with Amaro Hogräfer (Vancouver)



- 2008 Intensive Lomi Lomi
Four-day full-day workshops, Sacred Temple Hawaiian Massage (Vancouver)
- 2008 Thai introductory
Half-day introductory course, Metta in Motion (Vancouver)
- 2008 Hot Stone
Two-week workshop, Ocean Stone Massage (Alexandra Thompson, VSBM)
- 2008 Sports Massage
Two-day workshop, Paula Jasper (VSBM)
- 2008 Reflexology
Six-day course, Natalie Gold (VSBM)
- 2007 Aromatherapy
Six-day course, Daphne Roubini (VSBM)
- 2007 Introductory Swedish Massage
Two-day Vancouver School of Bodywork and Massage introductory course

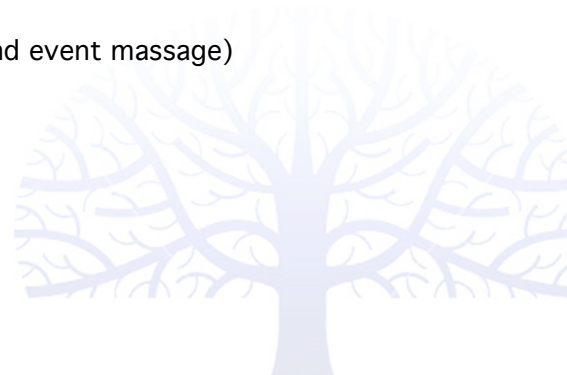
Professional memberships

- 2013 Member, College of Massage Therapists of Ontario
- 2013 Insured, through Registered Massage Therapists' Association of Ontario
- 2012 Standard CPR and First Aid, Red Cross Level C
- 2010- Member, Registered Massage Therapists' Association of Ontario
- 2009–2010 Insured, Preventative Health Services
- 2007–2009 Licensed "Therapeutic Touch Technique" practitioner (City of Vancouver)
- 2007–2008 Member, Natural Health Practitioners of Canada

Work experience

Bodywork

- 2021-now On staff at Massage Addict (Niagara Falls)
- 2021-now On call for Home Comfort Therapy
- 2019-now Clinic RMT for McKinley-Molodynia Chiropractic & Massage
- 2019 RMT on location for Heart Niagara
- 2018-now RMT on call for GoodLife Corporate Wellness (on-site and event massage)
- 2013-2018 RMT on location for The Spiritual Spa
- 2010–2012 OCHT Student Clinic
Three massages per week for 12 months
- 2010–2012 OCHT volunteer massage Outreach events



Provided therapeutic massage at Bob Kemp Hospice and post-event massage at three marathons: Peach Bud 5K; Twenty Valley 10K; Road2Hope

2007–2010: Volunteer and charity events, table and chair massage

Provided 5-25 massages at each of the following events: Art Institute of Vancouver Health & Wellness Fair; Kits Neighbourhood House Wellness Fair; Steeves Manor Annual Health Fair; Vancouver Art Institute St. Nick All-Nighter; Yoga4Kidz 24-hour Yoga Relay; Denman Car-Free Festival; Koodoo's Big Night Out Street Party

2007–2010: Winters Body Works mobile massage and event/corporate chair-massage

Provided regular massage at client's homes (2-4/week) and at 5-10 massages at each of the following events: Art Institute of Vancouver student services; Davie Day; Davie Street Pride Party; Denman Car-Free Day; East Side Pride Festival; Ironman Triathlon; Morguard Golf Tournament; Riley Park Community Day; Sunset Beach Festival; Under the Volcano Artisans Fair; Vancouver Art Institute Fine Arts Campus; Vancouver Culinary Academy campus of the Art Institute of Vancouver; Vancouver Fashion campus of the Art Institute of Vancouver

2008–2009: Steeves Manor seniors home, on-site masseur

Therapeutic services provided 2 days/week, 2-4 massages per day

2007–2008 VSBM Student Clinic

Four massages per week (3 in-clinic, 1 off-campus) for 8 months

Academic

1997–2013 Executive editor, publisher, programmer: Bahai Library Online

www.bahai-library.com is the Internet's largest resource for Bahai studies, and among the most prolific publishers of original content. See bahai-library.com/about .

1997–2001 Teaching assistant: Wilmette Institute (Chicago)

Prepared curricula and mentored students for college-level distance-learning courses

1997–1999 Editor, research assistant: Research and Review Office, United States Bahai National Center (Chicago)

Various tasks for the education department of the US Bahai community, including secretary, editor, researcher, teaching assistant, computer training

1997 Research Assistant, University of Toronto

Research assistant, data entry for the Department of Comparative Religion

Technical

1997–2007 Sole proprietor, operator: Winters Web Works

Website hosting and server management; site design and implementation; general computer consultation; original PHP programming

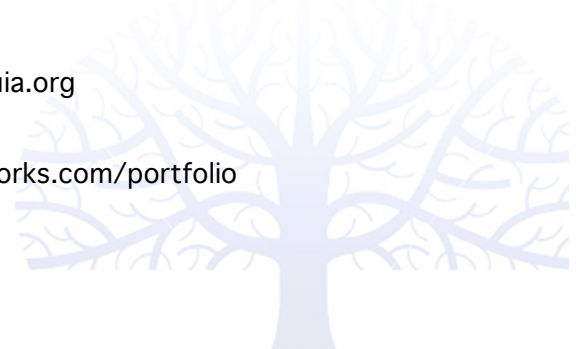
1997-2013 Irfan Colloquia technical officer

Website programmer, designer and creator, irfancoolloquia.org

1997-2007 Website design and programming portfolio

Created approximately 100 websites; see winterswebworks.com/portfolio

1997-2001 Wilmette Institute technical staff



Website designer and creator, www.wilmetteinstitute.org

Culinary

- 1997–1998 Manumit Seafood Restaurant (Toronto)
Line cook, food prep, wait staff, janitor
- 1990–1991 Professional Food Service Management (Portland, OR)
Caterer, Line cook (breakfast and dinner), serving staff
- 1989–1990 Greenleaf Restaurant (Ashland, OR)
Kitchen Supervisor, Head janitor, line cook, food prep at upscale restaurant and deli

Other work experience

- 2004–2009 High-rise building manager, Prospero International Realty (Vancouver)
2½ days/week as on-site residential manager; tasks included administration, security, carpentry, plumbing, and janitorial
- 2003–2009 Groundskeeper, Beachview Tower (Vancouver)
2 days/week as landscaper and gardener; job included complete removal of old grounds, original design of new grounds, and installation of new design
- 1983-1996 Grounds and building maintenance, Silver Creek Landscape (Grants Pass, OR)
Landscape, maintenance, and construction, and occasional crew leader
- 1992 Cashier and security guard, Purview Entertainment (San Francisco)
- 1992 Telemarketing and Sales, *The Chronicle-Examiner* (San Francisco)
- 1985-1987 Correspondence reporter, *The Daily Courier* (Grants Pass)

Publications

- 2003-2013 *Lights of Irfán* volumes 3-14. Editor, desktop-publisher
- 2004 "Bahá'í Ethics," in *Religious Ethics: A Sourcebook*, ed. Arthur D. Dobrin (Mumbai: Hindi Granth Karyalay, 2004)
- 1999 "Reviews of Jack McLean et al., *Revisioning the Sacred: New Perspectives on a Bahá'í Theology* and Christopher Buck, *Symbol and Secret: Qur'an Commentary in Bahá'u'lláh's Kitab-i-Iqan*." *Iranian Studies* 32:1 (Winter 1999)
- 1999 "Review of Christopher Buck, *Symbol and Secret: Qur'an Commentary in Bahá'u'lláh's Kitab-i-Iqan*." *Journal of Bahá'í Studies* 9:3 (September 1999), pp. 69–75
- 1997- Dozens of short online pages and compilations on various Baha'i and website matters:
bahai-library.com/author/Jonah_Winters
- 1997 *A Resource Guide for the Scholarly Study of the Bahá'í Faith*, with Dr. Robert Stockman.
United States Bahá'í National Center Research Office (Wilmette, IL), 198pp. Comprehensive

literature review, curriculum guide outlines, and bibliographic research. Also published online at bahai-library.com/stockman_winters_resource_guide

- 1997 Master's Thesis, University of Toronto. *Dying for God: Martyrdom in the Shí'í and Bábí Religions*, first published at bahai-library.com/winters_dying_for_god and later copied around the internet
- 1996 *Curriculum Guide for the Bahá'í Faith*, by Robert Stockman. Editor and desktop-publisher. Earlier, shorter version of *A Resource Guide*, above.
- 1995 "Review of Moojan Momen, *Buddhism and the Bahá'í Faith*." *Journal of Bahá'í Studies* 6.4 (Dec. 1994–Mar. 1995), pp. 70–74

